



## Lyrics for I Am Sleepy

1. **The Moon Shines Down**/Molloy
2. **Hush My Little One**/Trad
3. **Evening's Coming**/Molloy
4. **Quiet Night**/Molloy
5. **Twilight Song**/Trad
6. **The Story of Twinkle Little Star**/Molloy
7. **Night is Falling**/Molloy
8. **Early in the Evening**/Trad/Molloy
9. **Sleep So Gently**/Molloy
10. **Shadows Dance upon My Wall**/Molloy
11. **Scottish Folk Song**/Trad
12. **The Story of Little Lamb**/Molloy
13. **Little Lamb**/Molloy
14. **Wind through my Window**/Molloy
15. **Sleep Now and Rest**/Trad
16. **Russian Lullaby**/Trad
17. **All the World Is Sleeping**/Trad

1. **The Moon Shines Down**/Molloy

The moon shines down from the sky above,  
It lands on my pillow and it's made of love,  
The moon in the sky shining down on me,  
The moon from the sky and it's made for me,  
The moon shines down from the sky above,  
It lands on my pillow and it's made of love.

## 2. **Hush My Little One**/Trad

Hush my little one, don't you cry,  
Mama's going to come home by and by,  
She will bring to her dear little baby,  
Candy and a kitty and a puppy dog maybe,  
Hush, hush, hush, don't you cry,  
Mama's going to come home by and by.

### 3. **Evening's Coming**/Molloy

Evening's coming, see the night now,  
Dusk is falling, gone the light now,  
Soon the moon will peak its head,  
Now it's time to go to bed,  
See the stars up in the sky,  
Feel the night upon your eyes now.

#### 4. **Quiet Night**/Molloy

Quiet night, so quietly,  
I lie in my bed, just myself and me.

It's cozy and warm in my bed at night,  
And in my room, I see my night light.

I hear the sounds of the night outside,  
I feel cozy and warm with myself by my side.

The moon shines through the window on me,  
On my blanket and pillow its light I can see.

I close my eyes to rest in its glow,  
And I know it's time to let the day go.

Quiet night, so quietly,  
I lie in my bed, just the night and me.

## 5. **Twilight Song**/Trad

Soft the night is falling,  
Flow'rs have closed their petals bright,  
Close your eyelids now good night,  
Soft the night is falling.

## 6. **The Story of Twinkle Little Star**/Molloy

This is the story of Twinkle Little Star. Twinkle Little Star lives in the sky with his Great Grandfather Twinkle, and many Star friends, who have lived there for millions of years.

One night, when Twinkle and his Great Grandfather were peeking out in the nighttime sky, they saw, way down below, beneath the stars in a far away place, many little lights that they knew were not stars.

Twinkle noticed that one of these lights was shimmering more brightly than all the rest, and he was very excited! He pointed his star toward the light so his Great Grandfather could see it, and Twinkle asked,

“Great Grandfather, do you see how that light is shimmering? Do you see how it’s much brighter than all the others?”

His Great Grandfather thought for a moment and said,

“Twinkle, I think it’s time for you to learn about children and stars! The light you see is a wish. When one light shimmers more brightly than all the others, it means that a child has just chosen your star to wish upon!

Twinkle fell very quiet, and he got warm feeling in the very center of his star. He heard the child’s wish, and right then and there, Twinkle made a special promise, to help make that child’s wish come true.

That night, Twinkle Little Star felt more proud than he had ever felt before, living in the sky with his Great Grandfather Twinkle, and his many Star friends, who have lived there for millions of years.

And that is the story of Twinkle Little Star.

## 7. **Night is Falling**/Molloy

Night is falling and it's time for bed,  
Day is ending, come and you rest your head,  
Night is falling and it's time to rest,  
Day is ending, and you've done your best.

Night is falling and it's time for bed,  
Day is ending, come and rest your head,  
Stars are out and it's time to rest,  
Day is ending, and you've done your best.



**8. Early in the Evening**/Trad/Molloy

It's early in the evening,  
The stars are in the sky,  
Sleep now, sleep now,  
Hear the cuckoo cry,  
Cuckoo, cuckoo,  
Sleep now, good night!

It's early in the morning,  
The sun is in the sky,  
Awaken, awaken,  
Hear the cuckoo cry,  
Cuckoo, cuckoo,  
Wake up, be spry!

9. **Sleep So Gently**/Molloy

Sleep my dear one sleep,  
The night will gently keep,  
You in its arms so tenderly,  
Now sleep my dear one sleep.

Sleep, now sleep,  
Sleep so gently sleep,  
Sleep, now sleep,  
Sleep so gently sleep.

And when it's time to wake,  
The day will gently take,  
You in its arms so tenderly,  
But now it's time to sleep.

10. **Shadows Dance upon My Wall**/Molloy

Shadows dance upon my wall,  
The moon peeks out behind them all,  
Shapes appear playing hide and seek,  
They move and bend and dance and peek.

Soon the shadows grow quite still,  
They come to rest on my window sill,  
If I wait the shadows again,  
Will move and dance and peek and bend.

11. **Scottish Folk Song**/Trad

Hush-a-by dear one, the night winds are sighing,  
Go to sleep, go to sleep, crickets are crying,  
Sleep 'til the dew on the grasses is winking,  
Sleep 'til the morning sun wakens you blinking.

## 12. **The Story of Little Lamb**/Molloy

This is the story of Little Lamb. Little Lamb lives with his mother and his lamb friends and their mothers, out on the moors off the coast of Ireland.

Little Lamb, more than anything, loves to be with his mother. He likes to know she's there at all times, and to nudge up against her soft wool coat. Little Lamb also loves to be with his many lamb friends, and their mothers, grazing together on tender, sweet tufts of grass.

Early one evening, when Little Lamb was grazing with the flock, he spotted an especially sweet tuft of grass off in the distance. He wandered toward the grass, and wandered a bit further, and a bit further, over a stream, around rocks, and under many shrubs, and he came to a beautiful, small meadow where there was more green grass than Little Lamb had ever seen before. Little Lamb put his head down, and began grazing to his heart's content.

Time passed, and a mist gathered gently across the meadow. Little Lamb sensed something wasn't quite right. He realized that the sounds and scent of his mother, and the rest of the flock, were too far away. And suddenly, he missed his mother very much.

Little Lamb lifted his head, and perked up his ears, and he called out, "Maaah! Maaah"! He listened, but there was no answer. Little Lamb called out again, "Maaah! Maaah"! And this time, in the distance, he could hear, "Little Laaamb! Little Laaamb"!

Little Lamb knew just what to do. He began to trot, and trotted as quickly as he could, through the mist, right toward his mother's voice. "Little Laaamb! Little Laaamb!" "Maaah! Maaah!"

Little Lamb trotted across the meadow, over the stream, around the rocks, and under the many mist covered shrubs. Getting closer and closer, Little Lamb could see his lamb friends in the distance, and his mother waiting anxiously for his return.

Little Lamb kicked up his heels, and ran and ran, and when he rejoined the flock, Little Lamb gave his mother a very special nudge, right against her soft wool coat. It was sooo good to be back.

Evening soon turned to nighttime, and Little Lamb and his mother went off with the rest of the flock, looking for a special place to sleep for the night, under the stars, out on the moors off the coast Ireland. And that is the story of Little Lamb.

13. **Little Lamb**/Molloy

Little lamb, little lamb,  
Bah, bah, bah,  
Little lamb, little lamb,  
Bah, bah, bah.

Little Lamb, Little Lamb,  
Bah, bah, bah,  
Little Lamb, Little Lamb,  
Bah-ing so.

Don't you fear, mama's here,  
She's watching you grow,  
Don't you fear, mama's here,  
She loves you so.

14. **Wind through my Window**/Molloy

The wind blows through my window,  
It sweeps across my floor,  
It swirls around my ceiling,  
And blows gently at my door,

It blows across my forehead,  
And all around my face,  
I close my eyes and breathe it in,  
A special place it makes.

I love the wind a'blowing,  
Its gentle breeze and sound,  
I love the wind how through the trees,  
It blows the leaves around.

It blows right in my window,  
As gentle as can be,  
And as I listen to the wind,  
It blows right into to me.

I feel it all around me,  
I hear it in the night,  
And in the bright new morning,  
The wind becomes my light.

15. **Sleep Now and Rest**/Trad

Sleep my child, sleep now and rest,  
Safe as a fledgling, in its wee nest,  
Sleep now and rest, safe in your nest,  
Sleep my child, sleep.



16. **Russian Lullaby**/Trad

Lul-la-lu-la-by, lul-la-by, lul-la-by,  
Sweetly sing to lul-la-by,  
Lul-la-by, lul-la-by,  
Sweetly sing to lul-la-by.

17. **All the World Is Sleeping**/Trad

Go to sleep upon my breast,  
All the world is sleeping,  
Till the morning's light you'll rest,  
Mother's watch is keeping.

Birds and beasts have closed their eyes,  
All the world is sleeping,  
In the morn' the sun will rise,  
Mother's watch is keeping.